

# Hoarding Level II

This intensive one-day workshop which has been consistently evaluated as "AMAZING" is for groups who have completed Hoarding Level I and have a desire to better understand and master specific skills.

Both intervention and treatment models are available. Training material can be adapted to meet your intervention requirements.

Topics include:

- Characteristics of those who hoard
- Deeper understanding of hoarding behaviour
- Axis 1 and Axis 2 disorders and their potential relationship to hoarding
- A comparison of best-source hoarding research and more effective intervention styles and strategies
- Hoarding and special needs groups
- Understanding the process of hoarding
- Hoarding and distorted beliefs
- Mandated and non-mandated interventions with and without insight
- Supporting change behaviour
- Comparing differing counseling models (cognitive behavioural, neuro-linguistic programming, brief therapy)
- Preventing relapse
- Tools to serve you and your client better
- Building partnerships
- Coalition building (optional but recommended)
- Tools to give you a two-year "leg-up" on building a local coalition for more effective collaboration